

# THE CYCLE OF SEX TRAFFICKING

## AND THE PATHWAY TO HEALING

### Recruited into Sex Trafficking

A predator looks for a vulnerability within a victim that can be exploited.

### Automatic and Maintenance Phases of the Sex Trafficking Cycle

Once a victim has reached this phase they are basically running on autopilot, continuing to comply to avoid whatever their trafficker has threatened them with.

### Groomed for the Sex Industry

When a trafficker builds a relationship with their victim, they gain their trust and often make an emotional connection.

### Introduced into Sex Trafficking

The next phase of the cycle is when a victim is exploited for the first time, this is referred to as the breaking.

### Experiences various forms of violence

Including physical, emotional, economic, and more.

## BUT THERE IS HOPE

### SPIRITUAL

Establish a relationship with Christ, strengthen identity as a child of God, connect to local church, begin serving others using her individual gifts and talents.

### EDUCATION + CAREER

Earn her high school equivalency diploma or complete college, build her resume through on-campus internships and life skills classes which leads to independent living.

### WELLNESS

Obtain assistance with substance use and trauma recovery, develop positive habits for better physical health and emotional wellness.

### FINANCIAL

Learn financial wisdom, create a budget, develop healthy spending habits, build up savings account and plan for long-term sustainability.

### RELATIONAL

Learn to connect with healthy relationships, rebuild positive family relationships, prepare for healthy dating, sexuality & marriage.

### THE CYCLE IS BROKEN

She is taking action toward restoration and independent living.

